DHS I&R Desk

Community Referral Packet



Last updated in September 2014
Allegheny County Department of Human Services
Office of Community Relations
DHS Information & Referral Desk – 412-350-6778 or 412-350-2441
Any suggestions/corrections are welcome
One Smithfield Street, Suite 100, Pittsburgh, PA 15222
www.alleghenycounty.us/dhs/i-r.aspx

About the Department of Human Services, Information and Referral Desk, Community Referral Packet

This resource guide was created to assist human service professionals in finding referrals for the individuals and families they serve. It is the sincere hope of those who gathered this information that it is a helpful tool.

The information in this DHS I&R Desk, **Community Referral Packet** is in no way meant to be a comprehensive guide to every service throughout Allegheny County. Inclusion in this packet does not necessarily represent endorsement of the organization or its program nor does exclusion represent lack of endorsement.

Additional Resource Tools

The **Community Referral Packet** has gone through a number of changes. Some of the information from previous Community Referral Packets can be found in the guides below.

Dental/Vision/Hearing, Health Clinics, Health Insurance

Allegheny County Underinsured/Uninsured Resource Directory www.achd.net/chrond/pubs/pdf/Insuredlinked.pdf

Drugs/Alcohol, Drugs/Alcohol Support Groups, Dual Diagnosis, Mental Health, Mental Health – Children & Adolescents

Where to Call – directory of main numbers for mental health and substance use disorder service providers www.alleghenycounty.us/dhs/guides.aspx

Community Resources for People with Disabilities is a resource guide detailing local and national resource information for those with any disability. www.alleghenycounty.us/dhs/guides.aspx

<u>www.familyresourceguide.org/index.aspx</u> provides resources for children birth to 21 with developmental delays, disabilities and special healthcare needs in and around Allegheny County.

The United Way offers additional resource support. Dial 2-1-1 or 888-553-5778 or 7-1-1 if hearing impaired, or e-mail: info@pa211sw.org or for an extensive directory of health and human services in our region. Website access: www.Pa211sw.org

The **DHS Information & Referral (I&R) Desk** was created to assist human service professionals in identifying resources for consumers, both within the DHS system and throughout the community. www.alleghenycounty.us/dhs/i-r.aspx

- Provide assistance to DHS Provider staff to navigate through the DHS system. Answer general questions about DHS services/support offices and consult on a case-by-case basis how DHS services may assist a consumer.
- Assist and train both DHS Staff and other helping professionals to identifying any resources in the community that may assist the consumer (i.e. food, clothing, shelter, counseling, support groups, drug/alcohol support, etc.).
- Reachable Monday-Friday 8:30 to 4:30 by phone or email. Requests for information will be answered within 3 business days.

Samantha Murphy, 412-350-2441, Samantha.Murphy@alleghenycounty.us Victor Johnson, 412-350-6778, Victor.Johnson@alleghenycounty.us

The information furnished in this resource guide is not meant to be comprehensive listing of every service throughout Allegheny County. Information listed about agencies or programs may or may not be directly associated with Allegheny County Department of Human Services contracts. Inclusion of these guides/links does not necessarily represent endorsement of the organization or its program nor does exclusion represent lack of endorsement.

Please visit the following link for information about other human service topics: www.alleghenycounty.us/dhs

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(1) Angel's Place

2615 Norwood Avenue, Pittsburgh, PA 15214, 412-321-4447 600 Fordham Avenue, Pittsburgh, PA 15226, 412-531-MOMS (6667) 2538 Woodstock Avenue, Pittsburgh, PA 15218, 412-271-BABY (2229)

http://angelsplacepgh.org/

Angel's Place provides comprehensive services to low-income single parents who are full-time students in middle school, in high school or post secondary school. They provide <u>free</u> child care, tutoring, support groups, counseling, and informal classes in parenting skills. Their goal is to support and enable these parents to complete their educations, break the welfare cycle, and provide for their families. Child care centers are located in the North Side, Swissvale and Brookline.

To be eligible for assistance through Angel's Place, you must be a single parent (unmarried, separated, divorced) and meet low-income requirements based upon federal guidelines. You must be enrolled as a full-time student while maintaining passing grades of a C or better. You will be required to contribute two hours of service to Angel's Place per week and to attend a weekly parenting class.

(2) Child Care Information Services, YWCA of Greater Pittsburgh 305 Wood Street, Pittsburgh, PA 15222 412-261-CARE (2273) or 1-800-392-3131

www.ywcapgh.org/Child_Care_Information_Services.asp

Child Care Information Services (CCIS) is committed to: improving the quality of child care, providing referral service to parents from every economic level in order to help parents make informed child care choices, providing subsidy to eligible parents to the extent possible given funding constraints, and enhancing the system of child care in Allegheny County whenever possible.

Parents can call CCIS for information on the different types of child care available, how to choose child care that meets their needs, community resources, financial assistance for child care and referrals to child care providers in the geographic area of their choice. Each caller receives information on choosing quality child care that will aid them in their search.

Child Care and Development Block Grant (CCDBG): This program is state and federally funded and comes to CCIS through the Commonwealth of Pennsylvania, Department of Public Welfare. Every family who calls us for child care referrals or information is told about this program. To qualify, the caretaker and live-in companion/spouse of the child(ren) needing care must be working or enrolling in a job-related training program at least three days, twenty hours per week and the family's gross monthly income must meet income guidelines. For parents receiving cash assistance through the County Assistance Office (CAO), they must be participating in a CAO approved activity.

After a family is determined eligible, they are assigned a fee based on their income and family size. This fee is payable directly to the child care provider upon enrollment under the subsidy program. Parents may choose any child care provider that is currently under contract or willing to obtain a contract with CCIS to be subsidized. Any legal child care provider may participate in this "parent-choice" program.

(3) Child's Way® – a program of The Children's Home & Lemieux Family Center 5324 Penn Avenue, Pittsburgh, PA 15224, 412-441-4884

www.childrenshomepah.org/childsWay.aspx

Child's Way® is a day care center for children with special medical needs who may also be technology independent. Daily care by registered nurses incorporates therapeutic play with nursing care, individualized to meet the needs of each child; 1-3 ratio of staff to children. The center is an alternative to home health care for children ages birth to 21 years. Child's Way is a pediatric extended care program licensed by the PA Dept. of Health and the PA Dept. of Welfare. Child's Way participates with Child Care Information Services. For more information, contact Child's Way or Child Care Information Services (CCIS).





COMMUNICATIONS TELEPHONE • INTERNET • MESSAGE HELP

There are telephone and message options available to help maintain contact with human service agencies and resources, family and friends and for effective job search.

For information directly from the Public Utility Commission, visit this site: www.puc.state.pa.us/utilitychoice/downloads/telephone/lowincome.pdf

TELEPHONE SERVICES

Since 1984, the federal Lifeline programs have heiped people get and keep telephone service. Lifeline has two landline programs, and one cell phone program. Eligibility must be re-certified annually, and expires any time the household income rises above the limit or is no longer in the other qualifying federal program. Terms vary by state, and these terms are for PA from the information below:

- Choose one service, either Landline or Cell Phone. A household can participate in either one, but not both.
- Choose to income-qualify by either Program Participation, or by submitting Proff of Income.

Verizon's link to low-income assistance:

www22.verizon.com/about/community/pa/lowincome/pa_lowincome.html

Verizon Link Up America: Provides a 50% discount on the Line Connection Charge. Income guidelines will apply.

1-800-640-4155

Verizon Lifeline Service: Helps low-income customers get or keep their residential telephone service. Lifeline Service provides a credit on the telephone bill every month, and a 50% discount on the Line Connection Charge. When combined with the Link Up America Program, new customers who apply for Lifeline Service <u>will not</u> pay a Line Connection Charge.

1-888-641-8722 www.lifelinesupport.org

Verizon Universal Telephone Assistance Program (UTAP): Helps low-income customers who are served by Verizon to pay their basic telephone charges in time of crisis. To be eligible for UTAP money, you must already be a Lifeline customer, or be a Lifeline applicant who needs to have basic service charges paid before getting Lifeline Service.

1-800-837-4966



Qualify for any Lifeline service in PA: by Program, or by Income

To Qualify based on Program Participation, must already be receiving:

- Federal Public Housing Assistance or Section 8
- Food Stamps and / or Medicaid and / or TANF welfare cash
- Low Income Home Energy Assistance Program (LIHEAP I or LIHEAP 2 / Crisis)
- National School Lunch (free program only)
- Supplemental Security Income / SSI
- State Blind Pension

To Qualify by Income, meet income limits and documentation requirements below: Table below shows maximum gross income to be eligible for service (135% of FPIG)

Number Persons in Household	Annual Income
1	\$15,080
2	\$20,426
3	\$25,772
4	\$31,118
For each additional person, add	\$5,346

The following are examples of documents that are accepted: 4 months of consecutive pay stubs, or letter from your employer, or last year's income tax return, or employer W-2 form.

SafeLink Wireless - Free Cell Phone

SafeLink Wireless includes a free cell phone and free service, with up to 250 free minutes per month, depending upon which one of three plan options you choose. You must have a valid United States Postal Address in order to ship your free phone. PO Boxes cannot be accepted. No one else in your household may receive landline or cell phone Lifeline Assistance. You may purchase retail TracFone prepaid cards for more minutes.

Enroll in this federally-supported program at www.safelinkwireless.com, or by calling 1-800-977-3768. If you qualify by already participating in certain federal assistance programs, SafeLink does the verification. If you income-qualify, you must fax or mail copies of documents that prove your income. Fax to 1-800-834-7713; Mail to PO Box 220009, Milwaukie, OR 97269-0009. If you apply online to income-qualify, include a downloaded copy of your application with your proof-of-income documents.

Assurance Wireless provides a free cell phone and 250 voice minutes per month to eligible consumers. Visit www.assurancewireless.com/public/welcome.aspx or call 1-888-898-4888 for details and an application.



INTERNET

COMCAST INTERNET ESSENTIALS FOR LOW-INCOME ALLEGHENY COUNTY RESIDENTS

Comcast is offering qualifying Allegheny County residents low-cost internet access. The program, called Internet Essentials, offers high-speed internet access for \$9.95 a month and a voucher for \$150 to buy a small, netbook-style computer.

How to qualify

To qualify for \$9.95 a month Internet service and a low-cost computer, your household must meet all of the following criteria:

- Be located where Comcast offers Internet service
- Have at least one child receiving free school lunches through the National School Lunch program
- Have not subscribed to Comcast Internet service within the last 90 days
- Not have an overdue Comcast bill or unreturned equipment

How to apply

- Call 1-855-8-INTERNET (1-855-846-8376) request an application
- Comcast will mail you an application. Complete and return it, along with lunch program documents from your child's school
- Comcast will notify you by mail about the status of your application. Allow 7-10 days for a response.

How to get connected

Once you are approved, Comcast will mail you a welcome package with everything you need to set up your Internet service and receive free Internet training. If you chose to purchase a low-cost computer, your welcome package will provide details.

For more information

www.internetessentials.com



MESSAGE HELP

PA CareerLink offers the Hello Line (412 - 552 - 7042), a local phone number you may offer <u>employers only</u>, on your resume and job applications. You can begin using this number right away, and you do not need to apply or sign up for this service. PA CareerLink staff answer this phone line, and will take a message for you from an employer. You must come in to our office and check the message board for your messages; this is not a call-in message service.

You may also need to maintain contact with human service agencies and resources, and to stay in touch with supportive family and friends. The good news is - there are two programs to help you, and they are free! The Community Voice Mail program is free to anyone, and explained below. The Lifeline programs (on the reverse side), which have eligibility requirements, offer a household choice of either low-cost landline service, or the SafeLink free cell phone program.

Choose a service or services that are right for you. Whether you use the PA CareerLink Hello Line, Community Voice Mail, Lifeline landline or the SafeLink cell phone, you can stay in touch with employers, services, and anyone who is a positive influence.

Community Voice Mail / CVM helps people living in transition or homelessness rebuild their lives by connecting them to jobs, housing, information and hope. We do this by providing a stable voice mail number at no cost to receive vital messages.

This free service is for anyone seeking employment, housing, healthcare services, safety from domestic violence, and contact with friends, family and social service agencies. There are no income, household size or residency restrictions, and no minimum or maximum time limit as long as the client is actively using their voice mail number.

Contact Travelers Aid at the Pittsburgh Greyhound Office at 412-281-0751 to enroll over the telephone.

The Pittsburgh, PA Community Voice Mail program is part of the national network of CVM sites. Headquartered in Seattle, WA, the CVM National Office website is www.cvm.org.



Crisis Hotlines

Allegheny County Information/Referral/Emergency Services 412-350-4457 24-Hour service for help with MH/MR/D&A emergencies.

www.alleghenycounty.us/dhs

re:solve Crisis Network 1-888-YOU-CAN or 1-888-796-8226 Answers 24 hours per day for emergency mental health counseling and access to mobile mental health assistance, walk-in service available. http://www.upmc.com/services/behavioralhealth/pages/resolve-crisis-network.aspx

Area Agency on Aging Protective Services 412-350-6905 or 1-800-344-4319 24-Hour hotline to report abuse, exploitation and neglect of older adults. Also assists with issues involving self-neglect and abandonment.

www.alleghenycounty.us/dhs/olderadultprotection.aspx

Pittsburgh Action Against Rape 1-866-363-7273 24-Hour crisis intervention, counseling and advocacy for victims of sexual assault. www.paar.net

Domestic Violence

Alle-Kiski HOPE Center 1-888-299-HOPE or 1-888-299-4673 www.akhopecenter.org

> **Crisis Center North** 412-364-5556

www.crisiscenternorth.org

Woman's Center and Shelter of Greater Pittsburgh - 412-687-8005 www.wcspittsburgh.org

Center For Victims 412-482-3240 1-866-644-2882 (East Liberty Location) www.centerforvictims.org

> Womanspace East, Inc. 412-765-2661

http://www.wseinc.org/

24-Hour Hotlines to Reporting of Child Abuse and Neglect in Pennsylvania

ChildLine- 1-800-932-0313 Allegheny County DHS Office of Children, Youth and Families - 412-473-2000

More details about child protective services: www.alleghenycounty.us/dhs/childprotection.aspx

> **Center for Victims Hotline** 412-482-3240 1-866-644-2882

24-Hour support and crisis intervention, advocacy and counseling for individuals, communities, schools and the workplace.

www.centerforvictims.org

HelpLine at United Way 2-1-1 or 412-255-1155 Information & referral services providing problem solving and referrals to over 8500 health and human services. http://pa211sw.org/

Family Resources Warmline 412-641-4546 1-877-WARMLYN or 1-877-927-6596 Confidential supporting telephone counseling for any non-medical parenting concern.

www.familyresourcesofpa.org



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EARLY LEARNING - CHILDREN'S DEVELOPMENTAL NEEDS

Allegheny Intermediate Unit (412) 394-5736 Homestead Allegheny Cty.

Project DART www.aiu3.net/DART (excluding the City of Pittsburgh)

screening, assessment, education referral and programs for preschoolers with developmental delays

Alliance for Infants and Toddlers, Inc. (412) 885-6000 Brentwood Allegheny Cty.
The Hough Bldg., 2801 Custer Avenue www.afit.org
Pittsburgh, PA 15227
early intervention services to families with children ages birth-3 with developmental delays

ACHIEVA (412) 995-5000 Kilbuck City of Pgh. & Infant and Toddler Program www.arcallegheny.org Eastern All. Cty. 711 Bingham Street, Pittsburgh, PA 15203 www.achieva.info programming in their center and in-home for ages b - 3, with all handicapping conditions

Children's Hospital of Pittsburgh (412) 692-5560 Lawrenceville No Restrictions
Child Development Unit
4401 Penn Avenue, Pittsburgh, PA 15224 www.chp.edu
Diagnosis, consultation and therapy to children ages 0-18 with developmental and/or behavioral disorders

Early Learning Institute (412) 922-8322 Crafton Allegheny Cty.

2510 Baldwick Road <u>www.earlylearninginstitute.org</u>

Pittsburgh, PA 15205-4904

comprehensive early intervention services to infants, toddlers and pre-school children and their families

Easter Seal Society of W.PA

(412) 281-7244 Downtown Alleg, Greene,

2525 Railroad St <u>www.westernpa.easterseals.com</u> Washington,

Pittsburgh, PA 15222 Westmoreland

(preschool age) nursery school, speech, language, hearing, dev. Screening, (ages 2-8) school program,

Family Resources of Western PA (412) 363-1702 East Liberty No Restrictions
141 S. Highland Avenue www.familyresourcesofpa.org
Pittsburgh, PA 15206
Therapeutic services and preschool for children 2 1/2 - 5 years old

Laughlin Center(412) 741-4087SewickleyNo Restrictions424 Frederick Avenuewww.laughlincenter.orgSewickley, PA 15143Diagnosis & remediation of learning, academic, speech/language problems, counseling; ages b - 18

Office of Child Development (412) 244-7092 Homewood Allegheny Cty.
400 N. Lexington St. Lower level 104 www.ocd.pitt.edu
Pittsburgh, PA 15208
Consultation services at no cost to housing providers and families who have concerns about a child (0-5)

Early Head Start/Head StartFor information and enrollment call

(866) 214-KIDS (5437)

& City of Pgh

Early Childhood Education Programs & family support for families with children 0-3 years old, early education 3-5 yrs.

PLEA (412) 243-3464 Wilkinsburg Allegheny Cty.
733 South Avenue www.plea-agency.org
Pittsburgh, PA 15221

preschool, structured social activity, in-home respite; for those with emotional, social & developmental issues

The Integrated Care Corporation (888) 645-5683 Ligonier Allegheny Cty.
371 Bethel Church Road <u>www.integratedcare.us</u>
Ligonier, PA 15658

Early Intervention services for families with children birth - 3 with developmental delays.

Matilda Theiss Child Development Center (412) 383-1575 Oakland Allegheny Cty.
373 Burrows Street
Pittsburgh, PA 15213
Developmental programming for preschool children with psychiatric diagnoses, child care

EMPLOYMENT			
		Located	Serves
Achieva	(412) 995-5000	Downtown	No Restrictions
711 Bingham Street	(888) 272-7229		
Pittsburgh, PA 15203	www.achieva.info		
ndividualized employment supports for persons with disabilities			

AHEDD	(866) 902-4333	Downtown	No Restrictions
900 Sarah Street, Suite 202	(412) 381-3313 ext	. 55001 (Alleg Cty)	
Pittsburgh, PA 15203	www.ahedd.org		
employment assistance and benefits counseling for youth	and adults with disability	ties	

Braddock Employment/Training Center	(412) 273-6450	Braddock	No Restrictions
MOST/Modern Office Systems Training			
849 Braddock Avenue, Braddock, PA 15104			
one stop shop to assist in job searching, GED prep, coun	seling, resume help, o	n-site child care	
PA Unemployment Compensation	(888) 313-7284		statewide
Duquesne Call Center	www.state.pa.us	(hover over "Work	" then select
		"Unemployment C	ompensation")
all unemployment compensation claims must be entered	by phone or online		

Goodwill of SW PA	(412) 481-9005	Lawrenceville	no restrictions
118 52nd Street	www.goodwillswpa.or	g	
Pittsburgh, PA 15201			
education/training/job search/job coach for persons with dis	abilities, participants of v	velfare employment ir	nitiatives

Life'sWork of Western PA	(412) 471-2600	Downtown	Western PA
1323 Forbes Avenue	www.lifesworkwpa.	org/	
Pittsburgh, PA 15219			
helps youth and young adults w/ disabilities and barriers to employment to achieve productive employment			

Online Job Search & Career Information Tools

PA info: www.dli.state.pa.us U.S. info: www.dol.gov

CareerOneStop web site, www.careeronestop.org, is a single point of entry to access all resources in the US Department of Labor's suite of electronic tools. Links to www.myskillsmyfuture.org, with a local Business Locator to match user's work history, and a Job Preferences filter

PA CareerLink Pittsburgh/Allegheny County	(412) 552-7100	No restrictions	
Wood Street Commons	http://careerlinkpittsburgh.com/	(unemployed or	
304 Wood Street, Pittsburgh, PA 15219		employed)	
one stop shop to assist in job searching, job search worksl	hops		
computer classes , counselors, training/education job search program if eligible, resume help			

PA CareerLink East/Allegheny County	(412) 436-2225	No restrictions
2040 Ardmore Boulevard	http://careerlinkpittsburgh.com/	(unemployed or
Pittsburgh, PA 15221		employed)
one stop shop to assist in job searching, job search v	vorkshops	
computer classes, counselors, training/education job search program if eligible, resume help		

PA CareerLink Additional Non County Centers

Alle-Kiski (724) 334-8600 Mon Valley (724) 379-4750 one stop shop to assist in job searching

PA Office of Vocational Rehabilitation (OVR) (412) 392-4950 Downtown Western PA 531 Penn Avenue, Second Floor www.dli.state.pa.us
Pittsburgh, PA 15222
Bureau of Blind and Visual Services, first floor, disability services and referrals for physical/psych eval, vocational assessment, job readiness/coach/search/retention, education/training, assistive technology

People's Oakland	(412) 683-7140	Oakland	Allegheny Cty.
3433 Bates Street, Pittsburgh, PA 15213	www.peoplesoaklar	nd.org	
psychological and vocational wellness and recovery/rehabi	litation for adults with		
serious and persistent mental illness/substance abuse			

Project for Freedom	(412) 246-4434	Allegheny Cty.
Life's Work Building	www.projectforfreedom.org	
disability services of technology skills train	ning and competitive job search	

Senior Training & Employment Program/STEP	(412) 350-7119	Downtown	Allegheny Cty.
1 Smithfield Street			
Pittsburgh, PA 15222			
to improve the marketability for job search by updating ge	eneral office skills for sei	niors age 55 and old	ler,

Three Rivers Center for Independent Living	(412) 371-7700	Western PA
900 Rebecca Avenue	www.trcil.org	
Pittsburgh, PA 15221	one stop shop for disabil	lity services & referrals
for employment and Living Well, peer support, assistive	technology demo and ler	nding library

Ticket to Work Program	(866) 968-7842	
Social Security Administration	www.yourtickettowork.com	
employment program for people with disabilities		

U.S. Equal Employment Opportunity	(800) 669-4000	
Commission (EEOC)	www.eeoc.gov	

Working Order (412) 782-5344 Sharpsburg No Restrict				
1650 Main Street <u>www.workingorder.org</u>				
Sharpsburg, PA 15215 (part of Volunteers of America)				
business planning, technical guidance, networking, and office machines/space to help start or grow a small				
business, women and persons with disabilities encouraged to apply, but available to everyone				

Employment / labor-related special topics

• Safe, healthful working conditions for employers and employees:

Occupational Safety & Health Administration / OSHA, www.osha.gov; Pgh. office: 412-395-4903

• Minimum wage, overtime pay, recordkeeping, child labor and special employment, Family and Medical Leave Act, more: US Dept. of Labor - Wage & Hour Division, 1-866-487-9243, www.dol.gov/whd; Pgh. District Office: 412-395-4996

- Discrimination information / claims for job applicants and employees:
 - o City of Pittsburgh Commission on Human Relations:

412-255-2600, www.city.pittsburgh.pa.us/chr

- o PA Human Relations Commission: www.phrc.state.pa.us; Pgh. office: 412-565-5395
- Federal laws, EEOC/ Equal Employment Opportunity Commission:

www.eeoc.gov; Pgh. office: 412-644-3444

- Working with a disability:
 - o Ticket to Work and many work incentives for SSDI and/or SSI: www.ssa.gov
 - Medical Assistance for Workers with Disability/MAWD: www.dpw.state.pa.us
 - o Benefits counseling at AHEDD (see above)

Pennsylvania Department of Public Welfare

www.dpw.state.pa.us

The Pennsylvania Department of Public Welfare is comprised of the following seven offices: Office of Administration, Office of Children, Youth and Families, Office of Income Maintenance, Office of Medical Assistance Programs, Office of Mental Health and Substance Abuse, Office of Mental Retardation, and the Office of Social Programs. The department provides services for children, families, those with disabilities and low income Pennsylvanians.

The Commonwealth of Pennsylvania now has an online application for social services like cash assistance, food stamps, medical assistance, Medicaid and more.

www.COMPASS.state.pa.us

County Assistance Office Headquarters

301 Fifth Avenue, Piatt Place Suite 470 Pittsburgh, PA 15222 412-565-2146 LIHEAP (cash) 412-562-0330

Alle-Kiski District

909 Industrial Boulevard New Kensington, PA 15068-0132 724-339-6800

Liberty District

Warner Center 332 Fifth Ave. Third Floor Pittsburgh, PA 15222 412-565-2652

Three Rivers Office

Warner Center 332 Fifth Avenue 2nd Floor Pittsburgh, PA 15222 412-565-7755

Institution-Related Eligibility

District

301 Fifth Avenue, Piatt Place Suite 420 (IRED) Pittsburgh, PA 15222 412-565-5604

Greater Pittsburgh East

5947 Penn Avenue, 2nd Floor Pittsburgh, PA 15206-3844 412-645-7400 or 7401

Southeast District

220 Sixth Street McKeesport, PA 15132 412-664-6800 or 6801

Southern District

332 Fifth Avenue Suite 230 Pittsburgh, PA 15222 412-565-2232

Food Stamp Screening Programs

Provide outreach and assistance by phone to help people who may be unsure if they qualify for food stamps.

Urban League of Pittsburgh, Food Stamp Outreach and Enrollment Program

1-866-395-FOOD (3663)

www.ulpgh.org/programs/housing.asp

Greater Pittsburgh Community Food Bank, Food Stamp Outreach Coordinator 412-460-3663 *286

www.pittsburghfoodbank.org/programs/agency_relations.aspx

Just Harvest, Food Stamp Participation Assistance 412-431-8960

http://justharvest.org/index.php/serving/food-stamps

US Social Security Administration

Main Office

921 Penn Avenue, Pittsburgh, PA 15222 1-800-772-1213 www.ssa.gov

East Liberty Branch

6117 Penn Circle North Pittsburgh, PA 15206

McKeesport Branch

540 5th Avenue McKeesport, PA 15132

Monroeville Branch

322 Monroeville Mall Office Complex Monroeville, PA 15146

Mt. Lebanon Branch

650 Washington Road, Suite 120 Pittsburgh, PA 15228

North Side Branch

4 Allegheny Center, 2nd Floor Pittsburgh, PA 15212



Family Support programs are based on the philosophy that the most effective way to ensure the healthy development and growth of young children is by supporting the families and communities in which they live. They are designed to increase the strength and stability of families, to increase parents' confidence in their parenting abilities and to afford children a stable and supportive family environment. Family Support Centers offer the opportunity for families to receive intensive, comprehensive, and culturally relevant services through home as well as center-based visits. Parenting education is provided. www.alleghenycounty.us/dhs/fpsupport.aspx

CENTRALLY LOCATED

Hill District Center for Nurturing Families 1801 Centre Avenue, Suite 310 Pittsburgh, PA 15219 412-683-7517

Center for Family Excellence First Steps Program 409 Dinwiddie Street Pittsburgh, PA 15219 412-232-0322

Lawrenceville Family Care Connection 5235 Butler Street, 1st Floor Pittsburgh., PA 15210 412-784-8683

EASTERN NEIGHBORHOODS

East Liberty Family Support Center 6435 Frankstown Ave., Pittsburgh, PA 15206 412-362-7609

East Hills Family Support Center 2320 East Hills Drive Pittsburgh, PA 15221 (412) 727-2640

Homewood-Brushton Family YMCA Support Center 7140 Bennett Street, Pittsburgh, PA 15208 412-243-6088

Lincoln Park Family Center 7300 Ridgeview Penn Hills, PA 15235 412-661-1057

Wilkinsburg Family Center 907 W. St. 5th Floor, Penn West Office Building Pittsburgh, PA 15221 412-371-5934

Wilkinsburg Family Support Center 807 Wallace Avenue, Suite 205 Pittsburgh, PA 15221 412-871-7948

MON VALLEY NEIGHBORHOODS

Braddock Family Care Connection 849 Braddock Avenue, Braddock, PA 15104 412-273-4610

Clairton Family Center 734 Miller Avenue Clairton, PA 15025 412-233-3813

Duquesne Family Support Center 1 Library Place, Duquesne, PA 15110 412-469-9870



East Allegheny Family Center 200 Westinghouse Avenue Wilmerding, PA 15148 412-829-6171

McKeesport Family Center 339 5th Avenue 2nd floor McKeesport, PA 15132 412-672-6970

McKeesport First Steps First Steps Parenting Program 339 Fifth Avenue, Second Floor McKeesport, PA 15132 412-678-5130

Rankin Family Care Connection Rankin Christian Center 230 Third Avenue, Rankin, PA 15104 412-271-3408

Steel Valley Family Center 304 East Eighth Avenue Homestead, PA 15120 412-461-8019

Turtle Creek Family Care Connection 208 Penn Plaza Shopping Center Turtle Creek, PA 15145 412-829-8982

NORTH NEIGHBORHOODS

Highlands Family Center 415 4th Avenue, Tarentum, PA 15084 724-224-9006 Northview Heights Family Support Ctr. 101 Hazlett Street Pittsburgh, PA 15214 412-323-1020

Providence Family Support Center 3113 Brighton Road, Pittsburgh, PA 15212 412-766-6730

SOUTH NEIGHBORHOODS

Hilltop Family Care Connection 1630 Arlington Avenue, Pittsburgh, PA 15210 412-432-1635

Latino Family Center 809 Bingham Street Pittsburgh, PA 15203 (412) 325-8111

Prospect Park Family Center 5301 Park Avenue Bethel Park, PA 15102 (412) 885-0284

WEST NEIGHBORHOODS

Focus on Renewal
Positive Parenting Program
701 Chartiers Avenue
McKees Rocks, PA 15136
412-331-1685

Sto-Rox Family Center 618 Russlwood Avenue McKees Rocks, PA 15136 412-771-6817







Pregnancy Resource Center of the South Hills 101 Drake Road, Suite A, Pittsburgh, PA 15241 Geared to challenge, inspire and build-up young fathers Allegheny Family Network Fathers Involved Now 425 N. Craig St., Suite 500, Pittsburgh, Pa 15219 Focusing on the issues and concerns fathers face daily/ supp All PRO DAD National Website Advice; Events; Family first, strengtherning families everywhee Arsenal Family & Children Center 336 South Aiken Avenue Pittsburgh, PA 15232 parenting support for fathers Center For Family Excellence Male Coalition Mentoring Group 409 Dinwiddie St Pittsburgh PA 15219 Strengthens families by helping teenage and adult males add Coalition For Fathering Families 8133 Conemaugh Street Pittsburgh, PA 15221 DAD's Program (Dads Assisting Dads) 1401 Forbes Avenue Pittsburgh, Pa 15219	www.allprodad.core. 412-345-0008 http://arsenalfam	Shady Side hilly.org/ Pittsburgh	Allegheny County Allegheny County
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1401 Forbes Avenue Pittsburgh, Pa 15219	440.050.0004	Dittalarmala	Allerter
Pittsburgh, Pa 15219	412-350-2824	Pittsburgh	Allegheny
•	412-402-8612		
Volunteer support programin serving dads in Allegheny Coun	ty/Child Welfare s	ystem	
Dr. Dad - ParentWise Program	724-837-5410	Greensburg	Westmoreland
	724-837-1555	g	Allegheny
211 Huff Avenue, Suite 1, Greensburg, PA 15601	121001 1000		Counties
A multi-week series dealing with topics of interest to fathers o	f infants and toddl	'ers	Counties
· .			
9	888-301-2311	Washington, PA	Greene,
,	724-222-2311		Washington
410 N. Main Street, Washington, PA 15301			Fayette
provides teen fathers up to the age of 22 with parenting educ	ation		Counties
Eather's Colleberative Coursil	412 204 5055	Homoote = -	CW/ DA
	412-394-5955	Homestead	SW PA
475 East Waterford Avenue			
Homestead, Pa 15120	rotivo Comett	CO/24E7E4EE4.004	AGE
https://www.facebook.com/#!/pages/FATHERS-Collabo	rative-Council-F	<u>UU/315754551834</u>	<u>405</u>
Fatherhood Outreach Programs		Dittohurah	Allegheny
620 N. St. Clair Street	412-583-0376	PIUSDUION	> 9117117
Pittsburgh, PA 15206	412-583-0376	Pittsburgh	. 3,

Goodwill of Southwestern PA	412-632-1766	Lawrenceville	Allegheny
The AFFECT PROJECT (Advancing Fathers and	Family Enrichmen	t Collaborative)	County
118 52nd st. and Butler, Pittsburgh, PA 15201			
Employment, Responsible Parenting, Healthy Marriage a	nd Co-Parenting		

Healthy Start Inc., Male Initiative Program	412-247-1000	Homewood	Allegheny .
Lexington Tech. Park, 400 N. Lexington Street	www.hsipgh.org		
Pittsburgh, PA 15208			
men located in Healthy Start areas, many supportive service	es, father's involveme	ent, personal growth, o	d/a, etc.

National Fatherhood Initiative	301-948-0599	Beaver County	Nationwide	
20410 Observation Drive, Suite 107 Germantown, MD				
Germantown, Maryland 20876				
Provides training, technical assistance and father=specific resources to organizations.				

National Responsible Fatherhood Clearinghouse	Nationwide
National Website	
Resources for fathers,providers and the public at large interewww.fatherhood.gov	

Young Fathers Employment Program	Hill District	Allegheny
Hill House Association		
1835 Centre Avenue, Pittsburgh., Pa 15219		
Employment readiness, development, placement program, parenting/ life sl	kills for young fathers a	ge 17-24.

1835 Centre Avenue, Pittsburgh., Pa 15219		
Employment readiness, development, placement p	rogram, parenting/ life skills for young	g fathers age 17-24.
All Family Support Centers serve fathers. The f	ollowing have activities/groups sp	ecifically for fathers.
Due dele de Comille Como est Comtos		Duaddada
Braddock Family Support Center	440.070.4044	Braddock
849 Braddock Avenue	412-273-4614	N. Braddock
Braddock, PA 15104		
Clairton Family Center		Clairton
734 Miller Avenue	412-233-8325	W. Mifflin
Clairton, PA 15025		Elizabeth
,		
5 " 0		
Duquesne Family Support Center		Duquesne
One Library Place	412-469-9810	West Mifflin
Duquesne, PA 15110		
East Allegheny Family Center		Wilmerding, Wall
200 Westinghouse, Avenue	412-829-6171	E. Mckeesport
Wilmerding, PA 15148		Monroeville
		Pitcairn, N. Versailes
East Liberty Family Support Center		East Liberty
6435 Frankstown, Avenue	412-362-7609	Garfield
Pittsburgh, PA 15206	412-302-7009	Larimer
Pilisburgh, PA 15206		Lanmer
Highlands Family Center		Tarentum
415 Fourth Avenue	724-224-9006	Brackenridge
Tarentum, PA 15084		Natrona
		N 1 4 1 14

Natrona Hts.

Hilltop Family Care Connection		Mt. Oliver
1630 Arlington, Avenue	412-432-1635	Knoxville
Pittsburgh, PA 15210		Beltzhover
I maskingh, i A 13210		Allentown
		Alleritown
Latino Family Center		County Wide for
	440 005 0444	
809 Bingham Street	412-325-8111	Families of Latin
Pittsburgh, PA 15203		descent
Lawrenceville Family Care Connection		Lawrenceville
5235 Butler Street	412-784-8683	Sharpsburg,Etna
Pittsburgh, PA 15201		Bloomfield
		Garfield
Lincoln Park Family Center		Penn Hills
7300 Ridgeview Avenue	412-661-1057	Verona
Penn Hills, PA 15235		Lincoln park
		pa
McKeesport Family Center		Mckeesport
339 Fifth Avenue	412-672-6970	Dravosburg
2nd floor	0 00.0	White Oak
		Willie Oak
Mckeesport, PA 15132		
Rankin Family Care Connection		Rankin
230 Third Street	412-271-3408	Swissvale
	412-271-3400	Swissvale
Pittsburgh, PA 15104		
Steel Valley Family Center		Homestead
302-306 East 8th Avenue	412-461-8019	Munhall
Homestead, PA 15120		W. Mifflin
Ta		
Sto-Rox Family Center	440 774 0047	McKees Rocks
618 Russlewood Avenue	412-771-6817	Sheridan
McKees Rocks, PA 15136		Coraopolis
Turtle Creek Femily Core Connection		Turtle Creek
Turtle Creek Family Care Connection	440,000,0000	Turtle Creek
208 Penn Plaza Shoppin Center	412-823-8982	Monroeville
Turtle Creek, PA 15145		E. Pgh, Pitcairn
Wilkinghurg Family Contor		Millingh
Wilkinsburg Family Center	440.074.5004	Wilkinsburg
907 West Street, 5th Floor	412-371-5934	Forest Hills
Wilkinsburg, PA 15221		East Hills
Wilkinghurg Family Cunnert Contar		Millingh
Wilkinsburg Family Support Center	440.074.7040	Wilkinsburg
807 Wallace Street	412-871-7948	
Wiliinsburg, PA 15221		



It is difficult to address many of the complex needs our consumers face when there are financial obstacles in the way. Listed below are some programs in Allegheny County providing monetary assistance. If a consumer belongs to a church or other religious institution, it may be a good idea to suggest that they call there for help. Many churches can assist consumers with urgent financial needs.

Housing Assistance

Action Housing, Mortgage Assistance Program, 412-281-2102, www.actionhousing.org

ACTION-Housing's Mortgage Assistance Program and the Pennsylvania Homeowners Emergency Mortgage Assistance Program (HEMAP - 800-342-2397) enable long-term unemployed homeowners to save their homes from foreclosure through counseling and direct financial assistance.

Department of Public Assistance, Emergency Shelter Assistance Fund, 412-565-2146

Provides financial assistance in order to prevent eviction or foreclosure, obtain permanent housing, or obtain temporary shelter. Consumers must be receiving public assistance benefits to qualify.

NeighborWorks Western Pennsylvania, info@nwwpa.org / www.nwwpa.org / (412) 281-9773

Provides financial empowerment that promotes homeownership, stable and happy homes and vibrant communities by offering credit/budget counseling, pre-purchase, pre-settlement and post purchase counseling, home buyer education, financial education and foreclosure prevention services.

Urban League, Housing Assistance Program, 412-227-4164, intake: 412-227-4805 610 Wood Street, Pittsburgh, PA 15222

The Housing Assistance Program provides a one-time rental grant to landlords on behalf of eligible men, women and children of Allegheny County who are in a homeless or near homeless (Magistrate Notice) situation. The grant aids in establishing and maintaining permanent affordable housing.

General Financial Assistance

Allegheny Valley Association of Churches, Emergency Financial Assistance, 724-226-0606

The Emergency Assistance program provides short-term emergency assistance to families and individuals in need in the Allegheny Valley area. We help with rent and utility payment assistance, emergency food, clothing and shoe vouchers, gasoline vouchers, bus passes, prescriptions and referrals.

Catholic Charities / Basic Needs Assistance Line, 412-456-6976

A small amount of financial aid is given to an individual in crisis. Additional consideration may be given to senior citizens. Funds are used for emergency financial needs and are not applicable to rent or security deposits. Consumers need not be referred by a social service agency.

North Hills Community Outreach, 412-487-6316, www.nhco.org

Provides emergency food and financial assistance to families in crisis (i.e. food, energy assistance, budgeting, case management). Consumers must live in school districts of Hampton, Shaler, North Hills, North Allegheny, Pine-Richland, Northgate, Deer Lakes, Fox Chapel and Avonworth.

Pittsburgh Presbytery - Lazarus Fund, 412-697-7390

Provides a one-time \$200 grant to help with past due rent and utility bills. Consumers must call to apply for the Lazarus Fund. Consumers must live in Allegheny County.

Salvation Army - 412-446-1500

Assistance may be provided for help with food, clothing and utility bills pending availability. Call the phone number above with the zip code of the person in need, to be referred to the consumer's local Salvation Army Unit.

St. Vincent DePaul Society - Main Office Number 412-321-1071 *205

www.svdppitt.org/services.html

Emergency help to those in need of material assistance: services provided through a volunteer network of the parishes of the Catholic Church and rendered according to availability. Services include referral counseling, food distribution, and application utility assistance. Organizations can apply to be 'partner agency' and can get direct help for those they serve. Contact the number above to be referred to the consumer's local church or the central office will assist.

Updated September 2014 www.alleghenycounty.us/dhs/i-r.aspx







WHERE CAN I FIND FOOD?????



Allegheny County Department of Human Services provides a comprehensive listing of food assistance and food providers at the following website: www.alleghenycounty.us/dhs/food.aspx

HUNGER SERVICES NETWORK at the URBAN LEAGUE

Hunger Services Network links people who urgently need help finding food to any program that will meet their needs. In addition to food pantry referrals, they also connect callers to other community based programs, including Women, Infants & Children (WIC), food stamps and Meals on Wheels.

The **Emergency Food Assistance Hotline** is open Monday through Friday from 9:30 AM - 3:00 PM and it has a message machine that answers 24 hours a day. This line screens callers and refers them to their local food pantry so consumers can get food assistance as soon as possible. **(412) 681-1121,** www.ulpgh.org/programs/housing.asp

The **Food Stamp Screening Program** provides food stamp eligibility by phone. Eligibility can be determined in about 15 minutes by a Food Stamp Coordinator. **1 (866) 395-FOOD**

The **Food for Early Development Program** connects pregnant women and mothers who have children under 5 years with a range of assistance including food, formula and diapers. These items are provided once in a 30 day period and no more than six times per year if a parent does not qualify for WIC or while he/she is applying for WIC. **(412) 681-1110**

WIC

The Women, Infants & Children Program (WIC) provides vouchers for nutritious foods to be used at participating grocery stores. Vouchers are available for pregnant & breastfeeding women, postpartum women and children up to the age of five who meet eligibility criteria. WIC also offers vouchers during the summer months for the Farmers Market Nutrition Program. These vouchers are to be used at participating farmers markets and farm stands.

(412) 350-5801 www.achd.net/wic

Also available is the Breast Feeding Promotion Program and Helpline. **(412) 247-1000**

GREATER PITTSBURGH COMMUNITY FOOD BANK

The **Food Bank** is the supplier of food pantries, soup kitchens, congregate feeding facilities, shelters and other community programs. The **Produce to People** program is the Food Bank's largest mobile pantry program. Each family receives 30-50 pounds of food, including fresh produce. Produce to People is an additional resource to our local pantries and participants are able to come to as many distributions as needed while still attending a local pantry.

(412) 460-3663 www.pittsburghfoodbank.org

THE BRASHEAR ASSOCIATION

www.brashearassociation.org/programs/foodassistance-program

The Brashear Association's food pantry provides food and other commodities to low-income individuals and families two days each week at Brashear and Kaufmann Centers. Participants may obtain food every month. Information concerning public benefits and other services is also available. (412) 431-2236

HOME DELIVERED MEALS

Nutritious prepared meals and friendly smiles are delivered five days a week to individuals who cannot shop/cook for themselves due to injury, illness, or other medical or mobility issues.

Weekly contributions are requested.

(412) 350-5460

www.alleghenycounty.us/dhs/food.aspx

DOWNTOWN MINISTERIUM WALK-IN MINISTRY

Five churches downtown rotate weekly providing bags of food serving persons in need. Food pantries must be accessed first. St. Mary of Mercy (412) 261-0110, 1st Presbyterian (412) 471-3436, Trinity Cathedral (412) 232-6404, Smithfield United (412) 281-1811, 1st Lutheran (412) 471-8125





FOREIGN LANGUAGE ACCESS



Title VI of the Civil Rights Act (1964) protects persons from discrimination based on their race, color and national origin. This includes culturally and linguistically appropriate services, and applies to all organizations receiving direct or indirect federal funding.

Serving Individuals with Limited English Proficiency (LEP)

Consider the following steps (as an organization and an individual) to ensure quality service to LEP clients.

- Be prepared to identify LEP individuals and assess the need for language assistance services.
- Offer language services free of charge to those with LEP needs in their preferred language.
- Provide easy-to-understand print and signage in languages commonly used in your area.
- Plan to use additional time during meetings for interpretation.
- Establish organization-wide language access protocols, policies, and resources.
- Employ bilingual staff and train or test for interpreter proficiency.
- Form relationships with professional and volunteer language service providers.
- Partner with specialists in ethnic and immigrant-serving organizations.
- Find cultural moderators: Individuals who can bridge two cultures

Communicating Across the Language Barrier

Regardless of LEP, you can encourage and participate in meaningful communication. Consider the following:

- Greet the individual warmly and ask how they prefer to be addressed.
- Speak clearly and concisely, slow down your rate of speech, and pause if needed.
- Choose simple words and phrases, and avoid jargon or idioms (e.g., it's a piece of cake).
- Explain procedures simply and offer to repeat.
- Encourage questions and give time to respond.
- Use active listening to clarify what you've heard.
- Do not assume a nod or smile means yes, or indicates understanding.
- Check for understanding.

Foreign Language Interpretation and Translation Services*

On-site, In-person Interpretation

+ Echo International: 412-261-1101

+ Languages by Nicole: 724-643-5550

+ Pittsburgh Language Access Network

(PLAN): 412-281-1375

+ Geneva Worldwide: 212-255-8400

Telephonic Interpretation

+ Optimal Phone Interpreters: 877-746-4674

+ Language Services Associates: 800-305-9673

+ Language Line: 800-752-6069

- + Use trained and certified adult interpreters.
- + Do not rely on children.
- + Talk to the interpreter before the meeting.
- + Address the client, not the interpreter.

*This is a list of some available resources. DHS does not endorse specific providers of language services.

Compiled by: Allegheny County DHS Immigrants & Internationals Initiative (9/2014)

Thrift Shops are a good resource for low cost furniture, from clothing and chairs to baby furniture and household items. A comprehensive list can be found in the yellow pages or online. Consumers need to be prepared to arrange for delivery, because most thrift shops do not provide delivery services.

Appliance Warehouse

523 Bingham Street, Pittsburgh, PA 15203

www.appliancewarehouse.com/ (800) 557-0003, (412) 381-8800

Sells/rents large new, or used appliances; has a 10 month rent to own program.

Construction Junction

214 N. Lexington Street, Pittsburgh, PA 15208, (412) 243-5025

www.constructionjunction.org/

This organization supports and promotes conservation through the reuse of building materials and provides usable building materials & household items to people in the community at a very low cost.

East End Community Thrift Shop ("Thrifty")

5123 Penn Avenue, Pittsburgh, PA 15224, (412) 361-6010

http://thomasmertoncenter.org/thrifty/

This store is open to the community offering clothing, furniture, and small appliances. Social service workers can fill out an application on behalf of their consumer to receive a small voucher to be used for household items within this thrift shop. Call directly for the guidelines and an application.

Goodwill Thrift Stores

Dormont (412) 942-0090, Hill District (412) 924-0070, Cheswick (724) 274-5883 Monroeville (412) 856-9840, North Hills (412) 635-9612, North Side (412) 322-5666, South

Side (412) 481-5390, Whitehall (412) 885-5151

Addresses and more area locations available at www.goodwillswpa.org/goodwill-stores
Computer store location in Lawrenceville: www.goodwillswpa.org/computer-store

The Salvation Army Family Thrift Store

44 South 9th Street, Pittsburgh, PA 15203, (412) 481-7900

Vouchers may be provided to individuals in need for use at the Salvation Army Thrift Shop. Social service workers can call for the guidelines and an application. Anyone can also walk in or call the thrift shop located in Southside.

St. Vincent DePaul Society

Coraopolis: (412) 264-2378 · 415 Chess Street, Coraopolis, PA 15108

Penn Hills: (412) 247-4157 · 10736 Frankstown Road, Pittsburgh, PA 15235

Monroeville: (724) 733-8585 · 1730 Golden Mile Highway, Monroeville, PA 15146

Sharpsburg: (412) 781-2020 · 900 Main Street, Pittsburgh, PA 15215

Castle Shannon: (412) 882-8519 · 3423 Library Road, Pittsburgh, PA 15234

Social service workers, priests and pastors are able to refer consumers to St. Vincent DePaul thrift shops for vouchers for lower cost or no cost furniture. Anyone can call or walk into the 5 stores located in Allegheny County.

Online Resources

Please consider visiting web sites such as www.craigslist.com or www.freecycle.org for low cost or free used furniture and household items in your area.

Visit <u>www.shopans.org</u> which is a partnership of nonprofit charitable agencies in Western PA that have joined forces to form the first collaborative effort to make a proactive, positive impact on the way local consumers think about donating goods for resale. This site gives names and addresses of nonprofit resale shops. Purchasing items at these resale shops provides direct support to social service programs in Western PA.





GRANDPARENTS RAISING GRANDCHILDREN

Located Serves Allegheny Cty Department of Human Services (412) 350-5460 Downtown Allegheny Cty. **Family Caregiver Support Program**

2100 Wharton Street, Second Floor, Pittsburgh, PA 15203

caregiver program that can offer a reimbursement resouce option to families caring for a child 0-18 years old

(412) 342-0600 A Second Chance, Inc. Allegheny Cty. www.asecondchance-kinship.com

2 monthly meetings to assist grandparents in the job of caring for their grandchildren

(888) 687-2277 **Grandparent Information Center** Washington, DC **United States** 601 East Street NW www.aarp.org Washington, DC, 22049

national support and information center for grandparents raising grandchildren, offering advice and support

Penn State Cooperative Extension

Kinship Programs

http://extension.psu.edu/kinship/programs/allegheny

an online list of resources for kin who are parenting their relative's children

HIV/AIDS & SEXUALLY	TRANSMITTED D		
All I 0 4 II II D 4	(440) 007 0040	Located	Serves
Allegheny County Health Department	(412) 687-2243	Oakland	Allegheny Cty
3441 Forbes Avenue, 2nd Floor (Forbes Medical)	OTD : :: (444	.,	
Pittsburgh, PA 15213	STD testing: (412	•	
STD and HIV testing	HIV testing: (412) 578-8332	
Persad Center, Inc.	(412) 441-9786	Bloomfield	Tri-State area
5150 Penn Avenue	1-888-873-7723		
Pittsburgh, PA 15224-1627			
LGBT outpatient counseling for individuals/sexual minorit	ies, also for couples &	families, support g	roups
	(112)		
Pittsburgh AIDS Task Force	(412) 345-7456	East Liberty	Southwestern
5913 Penn Avenue, 2nd. Floor	(888) 204-8821		PA
Pittsburgh, PA 15206	www.patf.org		
diagnosis, treatment, referrals for HIV, sexually transmitte	ed diseases, other hea	Ithcare and service	es
Planned Parenthood of Western PA	(412) 434-8971	(Downtown)	Allegheny Cty
	(412) 257-9880	(Bridgeville)	7 og o y
	(412) 264-7205	(Moon)	
HIV testing	www.ppwp.org	(1110011)	
•			
The Positive Health Clinic	(412) 359-3360	North Side	Allegheny Cty
Allegheny General Hospital	For HIV testing, o	call John Nardi at	(412) 359-4424
1307 Federal Street, Pittsburgh, PA 15212	www.wpahs.org		
early HIV intervention and treatment, case management,	family & individual cou	ınseling, referrals	
Prevention Point Pittsburgh	(412) 247-3404	Wilkinsburg	Allegheny Cty
907 West Street	www.pppgh.org	vviikirisburg	Allegricity Oty
Pittsburgh, PA 15221	www.pppgn.org		
provides clean injection equipment and related services t	o injection drug usors	to raduce enroad of	f diseases
provides clean injection equipment and related services t	o injection drug users	to reduce spread of	uiseases
Shepherd Wellness Community	(412) 683-4477	Bloomfield	Allegheny Cty
4800 Sciota Street	www.swconline.c	org/	
Pittsburgh, PA 15224			
Weekly dinners, support groups, social activities, transpo	rtation, newslettter for	those with HIV/AID	S
University of Pittehungh Medical Contain		0.111	No Desire d
University of Pittsburgh Medical Center	(440) 047 7000	Oakland	No Restriction
Pittsburgh AIDS Center for Treatment (PACT)	(412) 647-7228		
Pitt Treatment Evaluation Unit (PTEU)	(412) 647-8125		

University of Pittsburgh Medical Center		Oakland	No Restrictions
Pittsburgh AIDS Center for Treatment (PACT)	(412) 647-7228		
Pitt Treatment Evaluation Unit (PTEU)	(412) 647-8125		
Participation in experimental studies, services are free of c	harge		

SUBSIDIZED HOUSING

Housing Authorities

Allegheny County
625 Stanwix Street
12th Floor
Pittsburgh, PA 15222
Subsidized housing (412) 355-8940
Section 8 (412) 355-8940 (then press 2)
www.achsng.com

City of Pittsburgh 200 Ross Street, 9th Floor Pittsburgh, PA 15219 Subsidized housing (412) 456-5030 Section 8 (412) 456-5090 (number for existing Section 8 participants) www.hacp.org

McKeesport 2901 Brownlee Avenue, 2nd Floor McKeesport, PA 15132 (412) 673-6942

www.mckha.org

Housing and Urban Development (HUD) provides two lists (1) for families and (2) for older adults of all the subsidized housing options available in Allegheny County. This list contains housing authority and private landlord (such as non-profit management programs) properties. Each property maintains its own waiting list. (412) 644-6428, www.hud.gov

Section 8 vouchers travel with the renter anywhere in the United States. Any property can be rented if the landlord is willing to participate in the Section 8 program and the property meets certain safety and sanitation standards. Certificate holders pay 30% of their income to rent and there is a ceiling on the total rent amount. With a voucher, the individual pays a set amount and the housing authority pays the difference in rent.

Occupants of *subsidized housing* (also known as *public housing*) pay no more than 30% of their income for rent.



Housing Programs in Allegheny County



HOUSING COUNSELING & ASSISTANCE

ACTION-Housing

Mission: To empower people to build more secure and self-sufficient lives through the provision of decent, affordable housing, essential supportive services, asset building programs, and educational and employment opportunities. Has a history of serving the most vulnerable populations, including veterans, homeless families, and youth aging out of the foster care system.ahi@actionhousing.org, www.actionhousing.org, (412) 281-2102

Allegheny Housing Rehabilitation Corporation (AHRCO) provides a housing management program which offers subsidized and non-subsidized housing in specific neighborhoods of the county. (412) 687-6200

NeighborWorks Western Pennsylvania provides financial empowerment that promotes homeownership, stable and happy homes and vibrant communities by offering credit/budget counseling, pre-purchase, pre-settlement and post purchase counseling, home buyer education, financial education and foreclosure prevention services.

info@nwwpa.org / www.nwwpa.org / (412) 281-9773

Supportive Relocation Program/Community Human Services provides case management services, relocation and tangible assistance for homeless individuals and families. Clients must have a stable source of income and an agreement to comply with a comprehensive case management plan to be eligible. (412) 246-1640 or (412) 621-6513

Urban League provides financial help with first months rent/security deposit, housing counseling and housing resource lists. City - (412) 227-4805, County - (412) 227-4812

The Department of Human Services publishes a detailed listing for **homeless services** of emergency and supportive services called the <u>HUD/HAP Contracted</u> **Providers of Housing Directory**

HOUSING REPAIR

AHILP / Allegheny County Department of Economic Development provides financial help for home improvements to qualifying (elderly/very low income/disabled) residents of most neighborhoods in Allegheny County. (412) 350-6337

Urban Redevelopment Authority of Pittsburgh provides low-interest loans and below-interest mortgage programs to Pittsburgh city residents. (412) 255-6600

ACTION Housing Accessibility Modification Program provides grants to eligible (elderly/disabled) residents of our county to make their home accessible. (412) 281-2102

Hosanna Industries provides construction services (including disability access improvements) for needy qualified low-income households as well as disaster relief services. (724) 770-0262

Habitat for Humanity of Greater Pittsburgh provides housing services to low-income residents of Allegheny County including rehabilitation and weatherization programs.

(412) 351-0512

WEATHERIZATION:

ACTION-Housing - for residents of the City of Pittsburgh. (412) 281-2102

Weatherization Program - provides free weatherization to elderly or low-income homeowners or renters throughout Allegheny County outside of the City (412) 227-3700

HANDYMAN JOBS:

Pittsburgh Project provides minor repairs, including painting, drywall, and gardening for the owner-occupied homes of those who physically or financially cannot do the work for themselves. Focus is on elderly. (412) 321-1678

It is difficult to access many services without proper identification. The following information is provided to assist in acquiring proper identification if needed.

BIRTH AND DEATH CERTIFICATES

WHERE: Pennsylvania Department of Health HOW: www.health.state.pa.us/vitalrecords

BIRTH AND DEATH CERTIFICATES

WHERE: Division of Vital Records

Pittsburgh State Office Building, 411 Seventh Avenue Suite 360, Pittsburgh, PA 15219 412-565-5113 (recorded message)

FYI:

- \$20.00 fee per copy. Check or money order only, no cash accepted.
- Fee not required for active or inactive members of the armed forces or their dependents.

Information required for obtaining birth certificate:

- Full name, gender, date of birth, and city and county of birth.
- Parents' names, including mother's maiden name.
- Reason for request
- Relationship to the person (if requesting for records of someone other than self)
- Applicant's day phone #, including area code, and mailing address.
- Applicant's signature.

CRIMINAL RECORDS

WHERE: Allegheny County Courthouse, 436 Grant Street, Pittsburgh, PA 15219, 1st and 2nd floors, Clerk of Courts 412-350-5322 (then press 8)

HOW: Search computer records by name, date of birth, Social Security number, or case number. Search paper files by name or case number.

FYI: Basic information (charges and the disposition of the case) is available. For more information, you can fill out a form and the entire file will be retrieved. Also, basic information can be accessed on the internet at http://ujsportal.pacourts.us/DocketSheets/CP.aspx.

DRIVERS LICENSE/NON DRIVERS LICENSE PHOTO IDENTIFICATION

WHERE: Department of Motor Vehicles

HOW: phone 1-800-932-4600 or internet www.dmv.state.pa.us

FYI: Information regarding drivers license centers in the state. You can search by zip code or county to locate a center. Information on renewing/obtaining a driver's license or photo ID.

IMMIGRATION RECORDS

WHERE: Federal Courthouse, Liberty Avenue at 700 Grant St. 8th floor, Pittsburgh, PA 15219

HOW: Card file only. Search by name. Fill out request form for file.

FYI: Information includes date of birth, year moved to U.S., year of citizenship.

SOCIAL SECURITY CARD

WHERE: Social Security Administration, Downtown Pittsburgh, 921 Penn Avenue, Pittsburgh, PA 15222 (Offices also in McKeesport, North Side, Mt. Lebanon, East Liberty)

HOW: internet www.ssa.gov or www.socialsecurity.gov or phone 1-800-772-1213

VOTER REGISTRATION

WHERE: County Office Building, Ross Street and Forbes Avenue, Pittsburgh, PA 15219 6th floor, Elections Office

HOW: Visit in person, or call 412-350-4510.

FYI: Information includes birth date, party affiliation, and voting history.



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Intellectual Disability

The Allegheny County Department of Human Services Office of Intellectual Disability (OID) provides coordinated mental retardation (MR) services through a number of contracted agencies. In order for eligible individuals to obtain Home and Community Based Waiver services and/or Supports Coordination through Allegheny County MR service system they must be registered with the OID. Everyone registered with OID receives Supports Coordination.

How to Register for Intellectual Disability services

How does the registration and intake process begin?

Registering for intellectual disability services begins with a call to a Registration Specialist at the Allegheny County Office of Intellectual Disability at 412-253-1250.

Be prepared to provide the following information regarding the person for whom services are being requested

Full name	Current address
Telephone num ber	SocialSecurity Number
Birth Date	Medical/Health Insurance inform ation including the name of the Health Insurance carrier and identifying numbers of the Health Plan
History of m ental retarda- tion / intellectual disabil- ity services	Educational Services such as the name(s) of schools that the person attended

If the caller is supporting the person seeking services they will also be asked their name, address and telephone number, and to discuss the type of services and supports that the person may need. The Registration Specialist will discuss what services and supports are available to meet the per-son's needs. If someone other than the person or their legal guardian is calling to request services, the person must also confirm that they are in agreement with the request for services.

What happens after the initial contact with the Registration Specialist?

The Registration Specialist will seek documentation that confirms the person has a diagnosis of intellectual disability / mental retardation. Please see FactSheet: Eligibility for Intellectual Disability Services for more information. Once the diagnosis is confirmed the OID Registration Specialist will contact the person and/or family to schedule an intake meeting. The meeting will be scheduled in a convenient location such as: □ The person's or family's home
□ The person's school
☐ The Allegheny County Office of Intellectual Disability (Two locations—Green Tree and Forest Hills)
\Box The Registration Specialist's office: Executive Commons Building, 110 Roessler Road, Suite 100 A, Pittsburgh, PA 15220
☐ A place in the community convenient for the person/family

What is needed for the intake meeting?
☐ The person's health insurance identification information ☐ A copy of the person's Social Security Card and Birth Certificate
$\hfill\Box$ Other information as identified by the Registration Specialist (this will be communicated before the meeting occurs)
The Registration Specialist will discuss the above with the person/family as well as information about the person's rights, services and supports.
What happens at the intake meeting?
\Box The Registration Specialist will work with the person and the family to complete the Per-sonal Planning Information (PPI) form.
\Box The Registration Specialist will review Right to Hearing and Appeal information and may, when appropriate, also review Lifesharing and Employment information.
\Box The Registration Specialist will provide the person/family with information about Supports Coordination and contact information for Supports Coordination Organizations (SCO). The person/family will have a chance to choose one of the SCOs. There are three SCOs located in Allegheny County. This choice can be made during the meeting or by contacting the Registration Specialist once the decision has been made.
☐ Completion of the following forms:
☐ HIPAA (Health Insurance Portability and Accountability Act)
☐ Service Preference Form for individuals who are already approved for Medical Assistance or a PA 600 (Medical Assistance Application) for individuals who do not already receive Medical Assistance ☐ Supports Coordination Organization Choice Form
□ Consent For Release of Information Form
What happens after the intake meeting?
\Box The Registration Specialist will notify the Supports Coordination Organization of the per-son/family's choice.
\Box The Supports Coordination Organization will provide the person/family with a Supports Coordinator who will contact the person/family to follow up on any recommendations and to assist in future planning.
☐ The Supports Coordinator will be responsible for locating, coordinating and monitoring services. <i>Please refer to the FactSheet: Supports Coordination for more information.</i>
Additional information on services and supports is available at the following websites: Allegheny County Office of Intellectual Disability www.alleghenycounty.us/dhs/mr.aspx Department of Public Welfare www.dpw.state.pa.us



LEGAL			
		Located	Serves
Allegheny County Bar Association	(412) 261-5555	Downtown	Allegheny Cty.
Lawyer Referral Service	www.acba.org/lr	xweb/lrx_online.lrx	
Lawyer Referral Service	<u>www.acba.org/ir</u>	xweb/irx_online.irx	

Allegheny County Bar Association (412) 402-6714 Downtown Allegheny Cty.

Divorce Law Project
920 City-County Building, Pittsburgh, PA 15219

legal representation for low-income people going through a relatively simple divorce, workshops held monthly

Disability Rights Network701 Law and Finance Building
429 Fourth Avenue, Pittsburgh, PA 15219

Memory Restrictions

Www.drnpa.org

**Independent of the image of th

Education Law Center (412) 258-2120 Downtown Allegheny
Pittsburgh Branch www.elc-pa.org
429 4th Avenue, Suite 702, Pittsburgh, PA 15219
works to make good public education a reality for Pennsylvania's most vulnerable children

Neighborhood Legal Services Association(412) 255-6700DowntownAllegheny928 Penn Avenuewww.nlsa.usBeaver, ButlerPittsburgh, PA 15222Lawrence Ctys.free legal advice, counsel and representation for civil issues, Elderly Law Project, PFA's, income guidelines

Public Defender (412) 350-2401 Downtown Allegheny Cty.
Suite 400, 542 Forbes Avenue
Pittsburgh, PA 15219
legal defense for eligible adult & juveniles for criminal charges or respondents in civil mental health cases

YWCA Legal Resources for Women

www.ywcapgh.org

non-family law issues
family law issues
or women)

referral service to legal services

LEGAL SERVICES - CHILDREN'S COURT

Allegheny County Bar Association (412) 391-4467 Downtown Allegheny Cty Juvenile Court Project (AKA Parent Advocacy)
436 Seventh Avenue, Suite 1100, Koppers Building, Pittsburgh, PA 15219
representation for CYF parents in Children's Court who do not have an attorney, income guidelines apply

KidsVoice (412) 391-3100 Downtown Allegheny Cty.

(AKA Legal Aid for Children or Child Advocates) www.kidsvoice.org

700 Frick Bldg, 437 Grant Street, Pgh. PA 15219

representation of children and adolescents in Children's Court dependency proceedings

IVIL	I OKING		
		Located	Serves
100 Black Men of W PA	(412) 361-2142	Pittsburgh	Greater Pgh.
P.O. Box 254			Allegheny Cty.
Pittsburgh, PA 15230			Beaver Cty.
group mentoring for young African Americans with focus	on culture, economic,	health and education	1

MENTORING

ACE Mentor Program of Pittsburgh	(412) 261-1570	Pittsburgh	Allegheny Cty.
337 Fourth Avenue	www.acementor.	<u>org</u>	
Pittsburgh, PA 15222			
engage, excite and enlighten high school students to pursu	e careers in the integ	rated construction ind	ustry
ACE Mentor Program of Pittsburgh	(412) 261-1570	Pittsburgh	Allegheny Cty.
337 Fourth Avenue	www.acementor.	ora	
1557 I Guitti Avenue	www.accincinor.	<u>519</u>	
Pittsburgh, PA 15222	www.accmentor.	<u>org</u>	

Big Brothers and Big Sisters of Greater Pgh.	(412) 363-6100	East Liberty	Allegheny Cty.
5989 Penn Circle South, Suite 1	www.bbbspittsbu	rgh.org	Washington Cty
Pittsburgh, PA 15206			
prevention oriented one-to-one adult friendship and guidance	ce for ages 6 - 13, fro	m single parent famili	es

Male Coalition Program	(412) 232-0322	Hill District	City of Pgh.
Center for Family Excellence			and Allegheny
409 Dinwiddie St., Pittsburgh, PA 15219			County
helps teenage, young adult, and adult males to add	ress issues that hind	ler their personal	development

Family Guidance, Inc. 307 Duff Road Sewickley, PA 15143 one-to-one program that provides a mature Christian	www.familyguidance.net		
Goodwill Industries of Western PA Goodguides Youth Mentoring 118 52nd Street, Pittsburgh, PA 15201	(412) 481-9005	Lawrenceville	Allegheny Cty

Mentoring Partnership of Southwestern PA	(412) 281-2535	Strip District	SW PA
One Hope Square, 1901-15 Centre Avenue	www.mentoringp	oittsburgh.org	
Pittsburgh, PA 15219			
helps mentoring programs by providing training, support,	education, quality ass	istance, recruiting,	referrals

career focused mentoring program for at-risk youth between the ages of 12-17

M.E.S.H. (Moms Educationg themselves, Sharing experiences, and Helping each other)						
Pregnancy Resource Center of the South Hills	(412) 833-7445	Upper St. Clair	Allegheny Cty.			
101 Drake Road, Suite A Pgh, Pa 15241	www.prcsh.org		Wash Cty.			
Mentoring program for young single moms, providing sup	port, and practical, pro	Mentoring program for young single moms, providing support, and practical, professional advice				

PARENTING EDUCATION Located Serves Arsenal Children and Family Center (412) 345-0008 Shady Side Allegheny Cty. 336 South Aiken Avenue Clairton Pittsburgh, PA 15232 www.arsenalfamily.com offers a variety of parenting education programs and supervised visitation

A Second Chance, Inc.	(412) 342-0600	Wilkinsburg	Allegheny Cty.
8350 Frankstown Ave			
Pittsburgh, PA 15221	www.asecondcha	nce-kinship.com	
birth parent support services including a 12 week structured	parenting education	class	

Children's Hospital of Pittsburgh	(412) 692-7105	many sites	no restrictions
The Community Education Program		throughout	
4401 Penn Avenue, Pittsburgh, PA 15224	www.chp.edu	the area	
parenting and health related classes for adults, classes of it	nterest for youth, not	for court-ordered	consumers

Family Resources	(412) 363-1702	many sites	no restrictions
First Steps		throughout	
141 South Highland Ave, Pittsburgh, PA 15206		the county	
home visitation program for mothers of children b-5, parenting support, child development, respite, nutrition			

Family Resources	(412) 363-1702	East Liberty	no restrictions
The Nurturing Course	www.familyresou	rcesofpa.org	
141 South Highland Ave, Pittsburgh, PA 15206			
12-week parenting education program for parents with children ages birth-18, programs for children			

Family Resources	(412) 641-4546	Allegheny Cty.
Warmline	(800) 641-4546	& surrounding
	www.familyresourcesofpa.org	counties
hotline for parents, caregivers and professionals with non-m		

Focus on Renewal Center	(412) 771-6009	McKees Rocks	McKees Rocks
Positive Parenting Program		Hays Manor	Stowe Twp.
901 Grey Ave, McKees Rocks, PA 15136		Meyers Ridge	
family support services and support groups for parents	www.focusonrene	ewal.org	

Genesis of Pittsburgh, Genesis Center	(412) 766-4934	Bellvue	no restrictions
141 North Fremont Avenue	www.genesispgh.	org	
Pittsburgh, PA 15202			
Free pregnancy testing, counseling, parenting classes, nutri	ition classes and chil	dbirth classes	

Healthy START	(412) 247-4009 Homewood	sites
400 North Lexington Street	www.healthystartpittsburgh.org	throughout
Pittsburgh, PA 15208		Allegheny Cty.
support and referrals for families with emphasis on prenatal care, low birthweight infants, family planning		

Pregnancy Resource Center of the South Hills	(412) 833-7445	Upper St. Clair	Allegheny Cty.
101 Drake Road, Suite A Pgh, PA 15241	www.prcsh.org		Wash Cty.
Parenting classes to help parents know they're doing the right thing when it comes to their child's care			

PREGNANCY - SUPPORT / COUNSELING / RESIDENTIAL

Located **Serves**

(800) 215-7494 **Adagio Health** throughout No Restrictions

www.adagiohealth.org Allegheny County

prenatal care programs are tailored to meet the individual needs of expectant mothers

includes nutrition counseling, home medical visits, transportation help, parenting classes, other programs

Allegheny County Health Department, WIC Program (412) 687-2243 Allegheny Cty. **BreastFeeding Promotion Program & Helpline** (412) 687-2243

helpline will provide phone assistance to any woman needing support while breast feeding

Allegheny County Health Department (412) 247-7950 Wilkinsburg Allegheny Cty. Maternal & Child Health Program www.achd.net/childhth/index.html

907 West Street, Pittsburgh, PA 15221

goal is to maximize the quality of life and health of mothers, infants, children and their families in Allegheny County

Alliance for Infants and Toddlers, Inc. (412) 885-6000 Brentwood Allegheny Cty.

The Hough Building, 2801 Custer Avenue

Pittsburgh, PA 15227

in-home follow-up, parent education, screening and tracking for at-risk or infants w/ 25% dev. delay; ages b - 3

A Voice For Life (412) 673-7130 McKeesport No Restrictions

Guy Miller Ministries, P.O. Box 494

McKeesport, PA 15134

provides a means by which babies can be raised in loving homes

Birthright of Pittsburgh, Inc. (800) 550-4900 Oakland No Restrictions

(412) 621-1988 160 N. Craig Street, Suite 200 Pittsburgh, PA 15213 www.birthright.org

confidential crisis counseling, free pregnancy testing, support, alternatives to abortion, baby clothing

Catholic Charities, Diocese of Pittsburgh (412) 687-4410 Downtown Pgh No Restrictions

Pregnancy Program

212 Ninth St., Pittsburgh, PA 15222

residential and home-based services to pregnant women and girls

Children's Home of Pittsburgh (412) 441-4884 Friendship Allegheny Cty.

& Lemieux Family Center (800) 961-7704

www.childrenshomepgh.org 5324 Penn Avenue, Pittsburgh, PA 15224

Licensed, caring counselors available 24/7 to support your decisions. Adoption services available.

Every Child, Inc. (412) 665-0600 East Liberty Allegheny Cty.

Doula Family Support Servcies

6401 Penn Avenue, Pittsburgh, PA 15206 www.everychildinc.org childbirth education, labor and delivery support, transporation, tangible assistance

Family Resources (412) 363-1702 may sites no restrictions

First Steps throughout 141 South Highland Ave, Pittsburgh, PA 15206 the county

home visitation program for mothers of children b-5, parenting support, child development, respite, nutrition

Genesis of Pittsburgh (412) 766-4934 Bellevue No Restrictions

P.O. Box 41017

Pittsburgh, PA 15202 www.genesispgh.org

parenting classes, clothing and equipment

Genesis of Pittsburgh, Genesis House	(412) 766-2693 Bellevue	Allegheny and	
PO Box 41017		Washington	
Pittsburgh, PA 15202	www.genesispgh.org	Counties	
residential and home-based services to pregnant women or girls			

Healthy START	(412) 247-1000	Homewood	Allegheny Cty.
400 North Lexington Street		** sites throughout	
Pittsburgh, PA 15208		Allegheny County	
supportive services and info & referral, w/ emphasis on pro-	enatal care, low birth v	veight, family planning	

Nurse-Family Partnership	(412) 247-7806 Wilkinsb	urg Allegheny Cty.
907 West Street, 2nd Floor		
Pittsburgh, PA 15221	www.nursefamilypartnersh	nip.org
Helping first-time parents suceed		

Planned Parenthood of Western PA	Bridgeville	(412) 257-9880	Allegheny County
http://www.ppwp.org/ppwp/	Downtown	(412) 434-8971 (412)	562-1900
933 Liberty Ave., Pgh, PA 15222, (800) 230-7526	Moon Twp	(412) 264-7205	Greensburg
clinics providing gynecological care			

Pittsburgh Family Development	(412) 271-1004	Braddock	No Restrictions
Gideon's Place	www.pghfamilyde	ev.org	
708 Talbot Avenue, Braddock, PA 15104			
focuses on pregnancy counseling, parenting classes, suppo	rt for mothers and fa	thers	

Pregnancy Resource Center of the South Hills	(412) 833-7445	Upper St. Clair	Allegheny Cty.		
101 Drake Road, Suite A	www.prcsh.org		Washington Cty.		
Pittsburgh, PA 15241					
Free pregnancy testing, confidential support for unplanned pregnancies, and additional supportive services.					

Travelers Aid Society of Pittsburgh	(412) 281-5466	Downtown	Allegheny Cty.
Mobile Moms Program, **contact your local hospital	or physician for a	referral to this p	rogram
343 Blvd. Allies, Pittsburgh PA 15222			
transportation for income eligible woman to prenatal checku	ps, testing appointm	ents and postnata	al checkups

Woman's Choice Netowrk	(412) 687-7767	Oakland	Allegheny Cty.
160 North Craig Street, Suite 202			
Pittsburgh, PA 15213		www.imissedm	yperiod.org
medical and educational support for women with unplanned	l pregnancies		

"Service Coordination Units" previously known as "Base Service Units" provide behavioral health services in different catchment areas throughout Allegheny County. Consumers may access services by using their medical insurance or fees can be set on a sliding scale. Depending on the program or income eligibility guidelines, some services may also be free of charge. These agencies offer a wide range of treatment and support for children and adults whose functioning is impaired by mental illness, mental retardation or alcohol and other drug dependency. A consumer may ask to be transferred to a different Service Coordination Unit, but he/she may find it more convenient to start with the program that services his/her area.

The re:Solve Crisis Network answers 24 hours per day for emergency mental health counseling ar access to mobile mental health assistance 1-888-7YOU-CAN or 1-888-796-8226.

Call (412) 350-4457 if you are not sure which agency is closest to a certain area or for information/consultation about 302 involuntary commitments to the hospital.

Milestone, 412-243-3400

Administrative Office: 600 Ross Avenue, Pittsburgh, PA 15221

www.milestonecentersinc.org

Chartiers MH/MR Center, Inc., 412-221-3302 437 Railroad Street, Bridgeville, PA 15017 www.chartierscenter.org

Family Services of Western PA, 1-888-222-4200 310 Central City Plaza, New Kensington, PA 15068 www.fswp.org

Mercy Behavioral Health
North - 412 East Commons, Pittsburgh, PA 15212, 412-323-4500
South - 330 S. 9th St., Pittsburgh, PA 15203, 412-488-4040
www.mercybehavioral.org

Mon-Yough Community Services, MH Outpatient 412-675-8300 331 Shaw Ave.McKeesport, PA 15132 www.mycs.org

Staunton Clinic, 412-749-7330
111 Hazel Lane, Suite 300, Sewickley, PA 15143
www.stauntonclinic.com

Turtle Creek Valley MH/MR, 412-351-0222 723 Braddock Avenue, Braddock, PA 15104 www.tcv.net

Western Psychiatric Institute and Clinic, 412-624-1000 3811 O'Hara St, Pittsburgh, PA 15213 http://wpic.upmc.com/



The following agencies are additional Service Coordination Units specific to treatment for children and adolescents only.

Family Links, 412-942-0424 2644 Banksville Road, Pittsburgh, PA 15210 www.familylinks.org

Allegheny Children's Initiative, Inc., 412-431-8006 2304 Jane Street, Pittsburgh, PA 15203 www.pfq.org

Human Services Administration Organization, 412-884-4500 2801 Custard Avenue, First Floor, Pittsburgh, PA 15227 www.hsao.info

Pressley Ridge, 1-888-777-0820 or 412-992-5145 530 Maarshall Avenue, Pittsburgh, PA 15214 www.pressleyridge.org



SEXUAL MINORITIES

Located Serves

Bet Tikvah (412) 256-8317

www.bettikvah.org

community group focusing on Jewish lesbian, gay, bisexual, transgendered individuals

Dignity/Pittsburgh (412) 362-4334

www.dignitypgh.org

community group focusing on Catholic LGBT individuals; Services 7 p.m. Sundays

GLEC Pittsburgh www.glecpitt.org

Email glecpgh@gmail.com to be contacted about events

community group focusing on professional lebian, gay and bisexual individuals

Gay and Lesbian Community Center (412) 422-0114 East Liberty Tri-State area

PO Box 5441 www.glccpgh.org

Pittsburgh, PA 15206

GLENDA (412) 422-1303 Western PA

PO Box 5441 <u>www.glenda.org</u>

Pittsburgh, PA 15206

fosters appreciation of gays, lesbians and all people by working together with diverse communities

GLSEN (The Gay, Lesbian & Straight Education Network) (412) 254-4573 Pgh Chapter

304 Morewood Ave http://glsen.org/node

Pittsburgh, Pennsylvania 15203

strives for every school to respect all members regardless of sexual orientation or gender identity/expression

Persad Center, Inc. (412) 441-9786 Bloomfield Tri-State area

5150 Penn Avenue www.persadcenter.org

Pittsburgh, PA 15224-1627 1-888-873-7723

outpatient mh center for sexual minorities, counseling for individuals, couples & families, support groups

Pittsburgh AIDS Task Force (412) 345-7456 Wilkinsburg Southwestern

5913 Penn Avenue (888) 204-8821 PA

Pittsburgh, PA 15206 www.patf.org

outpatient mh center for sexual minorities, counseling for individuals, couples & families, support groups

Pittsburgh Transsexual Support Group (412) 661-7030 East Liberty Tri-State area

6020 Centre Ave www.ptsg.org

Pittsburgh, PA 15206

support group for transsexual and transgendered individuals, spouses, family members, advocates

PFLAG Pittsburgh(412) 833-4556Pgh and otherParents Friends of Lesbians and Gayswww.pflagpgh.orgchapters

PO Box 5406, Pittsburgh, PA 15206

Support group: 2nd Sunday of every month at the 3rd Presbyterian Church at the corner of 5th St. and Negley support groups, advocacy, acts to create a social society that is healthy and respectful of human diversity

SAY YES Drop In www.glccpqh.org/events/glcc-events

(Service Access for Youth Youth Engaged in Service Homeless Drop In)

services offered weekly at drop in for LGBTQIA youth who are experiencing or in danger of homelessness





Individuals behind on utility payments can call their utility companies to arrange a payment plan. Most utilities have Energy Assistance Programs (EAP's) that low-income individuals may be able to access if they have had a temporary financial crisis. EAP services may include home visits, budget management, and reduced payments. Some utility companies will also refer clients to CAP (Customer Assistance Program) or CARES (Customer Assistance Referral and Evaluation Service) programs if asked. Social workers hired within the utility or contracted through other agencies assist low-income or otherwise needy households with either a temporary or long-term reduction in budget payments through CAP and CARES. Contact your utility company for information about these programs.

Dollar Energy Fund

Dollar Energy is a 'fund of last resort' for low-income households; consumers must apply for all other utility assistance programs before applying for Dollar Energy. Usually around the start of October, individuals who have terminated services can apply for assistance; usually around the beginning of March, applicants can apply for assistance regardless of the status of service (please call the phone numbers below for precise dates). The income guidelines differ from the LIHEAP programs. Dollar Energy is available to consumers of most gas and electric companies in Allegheny County as well as PA American Water. Assistance can be accessed through community agencies that provide the application screening. There are many screening agencies throughout Allegheny County. (888) 282-6816 www.dollarenergy.org

For additional information visit: www.alleghenycounty.us/dhs/utility.aspx

Dollar Energy Income Guidelines 2014-2015

Household	1	2	3	4	5	6	7
Size							
Max Annual Income	\$ 23,340	\$ 31,460	\$ 39,580	\$ 47,700	\$ 55,820	\$ 63,940	\$ 72,060

^{*}Add \$8,120 for each additional person in the household.

LIHEAP I (Low Income Home Energy Assistance Program)

LIHEAP I is a grant program that assists people on a fixed or low income to pay their fuel bills. Income guidelines apply which vary from year to year. Both homeowners & renters are eligible. The program operates during the heating season starting November 3, 2014 until April 3, 2015. (412) 562-0330

LIHEAP II / Crisis

This financial assistance program runs from November 3, 2014-April 3, 2015 for weather related emergencies such as furnace repair, hot water heating system repair, gas or fuel line repair, heating fuel purchase, and utility bill payment. The following income guidelines apply and payments can be made towards primary or secondary heating sources.

(412) 562-0330

LIHEAP Yearly Income Guidelines 2014-2015

<u> </u>							
Household	1	2	3	4	5	6	7
Size							
Max Annual Income	\$17,505	\$23,595	\$29,685	\$35,775	\$41,865	\$47,955	\$54,045
Annual Income							

^{*}Add \$6,090 for each additional person per year in the household.

Public Utility Commission (PUC), Consumer Services

The PUC is a regulation agency that mediates and may resolve consumer complaints against utility companies. The PUC educates the public and monitors companies for regulation compliance. They may also intervene to assist an individual in stopping a utility shut off or in setting up a payment plan. Once a payment plan is arranged through the PUC, and an individual does not keep up with payment arrangements, the utility company has no further authority to arrange payment plans. The service may be terminated, and a client may be required to pay the entire balance to restore service. Many times, utility companies will arrange a payment plan as good as/better than a PUC plan. All attempts to make payment arrangements through utility companies should be made prior to contacting the PUC.

(800) 692-7380, http://puc.state.pa.us





VETERANS' SERVICES

Located Serves

Allegheny County (412) 621-4357 Oakland Allegheny Cty.

Veterans' Services Office www.alleghenycounty.us/veterans

4141 Fifth Avenue, Pittsburgh, PA 15213

insures that Veterans and/or widows & dependents receive entitlements and benefits authorized by regulations

Department of Veterans' Affairs (800) 647-6220 Allegheny Cty.

VA Pittsburgh Health Care System/Health Care for the Homeless Veterans 7180 Highland Dr, Building 5, Pgh., PA 15206 <u>www.pittsburgh.va.gov</u>

Operation Troop Appreciation (412) 653-1317 West Mifflin

Century III Mall
West Mifflin, PA 15123

www.operationtroopappreciation.org
Open: Tuesday, Thursday, Saturday

3rd Floor (near Sears), look for parking space 100 12pm-6pm

provides 'wish list' items for deployed troops to lift moral, provides items for entire units

Keystone Paralyzed Veterans of America412-781-24741113 Main Street800-775-9323Pittsburgh, PA 15215-2407www.kpva.orgmission is to improve the quality of life of paralyzed veterans

Military Connections

www.militaryconnections.org

provides individual care packages and letters for deployed troops

Military Family Network (412) 531-1970

www.militaryfamilynetwork.com

links military members with various resources

Veterans Leaderships Program (412) 481-8200 South Side Western PA

of Western Pennsylvania, Inc. www.vlpwpa.org/

2471 East Carson Street, Pittsburgh, PA 15203

VET Center Western PA

2500 Baldwick Road, Pittsburgh, PA 15205 (412) 920-1765 South Side 2001 Lincoln Way, McKeesport, PA 15132 (412) 678-7704 McKeesport

VIOLENCE PREVENTION AND HELP FOR PEOPLE WHO ARE INCARCERATED, EX-OFFENDERS AND THEIR FAMILIES

Located

Serves

A Second Chance, Inc. 412-342-0600 Wilkinsburg Allegheny Cty. 8350 Frankstown Road www.asecondchance-kinship.com

Pittsburgh, PA 15221

Provides assistance to children when parents are incarcerated and CYF places children with relatives.

Allegheny County Department of Human Services 412-350-7337 Pittsburgh Allegheny Cty.

Justice Related Services www.alleghenycounty.us/dhs/justicerelatedservices.aspx

Support for men and women with mental illness/substance abuse and are involved with the criminal justice system.

Allegheny County Jail (412) 350-2000 Downtown Allegheny Cty.

950 Second Avenue www.alleghenycounty.us/jail/visitorsinformation.pdf

Pittsburgh, PA 15219

visiting schedules are subject to change at any time, family and friends are encouraged to call ahead

Amachi Pittsburgh (412) 281-1288 Downtown Allegheny Cty.

100 West Station Square Dr., Suite 621 www.amachipgh.org

Pittsburgh, PA 15219

Works w/ faith & community based partners to empower children and families regarding parental incarceration

Big Brothers Big Sisters of Greater Pittsburgh, Inc East Liberty Allegheny Cty.

5989 Centre Ave. 412-363-6100
Pittsburgh, PA 15206 www.bbbspgh.org

Mentors for children ages 6 through 13 whose parents or immediate family members have been incarcerated.

Communities in Action for Peace (412) 648-1776

University of Pittsburgh www.pghfree.net/~capeace/

158 Trees Hall, Pittsburgh, PA 15261

promotes healthy communities by reducing violence & its causes in a non-traditional culturally sensitive way

 Domestic Abuse Counseling Center
 (412) 678-1055
 South Side
 No Restrictions

116 Fifth Ave. 23+ locations throughout SW PA

McKessport Pa 15132 <u>www.dacc.net</u>

domestic violence treatment for adult men and women who are abusive; court-mandated and voluntary

Families Outside (412) 661-1670 ext.628 Allegheny Cty,

Family Services of Western PA www.fswp.org

6401 Penn Avenue, Second Floor, 15206

low cost transportation to most State and Federal prisons in PA

Family Resources (412) 363-1702 East Liberty Allegheny Cty.

141 South Highland Avenue (877) 927-6596 Downtown Pittsburgh, PA 15206, <u>www.familyresourcesofpa.org</u> McKeesport

prevention & treatment (therapy, conflict management, anger management) surrounding child abuse/neglect

Lydia's Place (412) 697-0880 Allegheny Cty.

Affiliate of Renewal, Inc. www.lydiasplace.org

700 Fifth Avenue, 4th Floor 15219

Provides programs for incarcerated offenders or exoffenders, their children, and the children's caregivers.

Mon Valley Initiative, SPARC (412) 464-4000 Homestead Mon Valley

305 East 8th Avenue <u>www.monvalleyinitiative.com</u>

Homestead, PA 15120

works with ex-offenders on needs that they may have

Pittsburgh Action Against Rape (PAAR)(412) 431-5665SouthsidePrimarily81 South 19th Street(866) 363-7273Allegheny Cty.Pittsburgh, PA 15203www.paar.netcrisis intervention and counseling for adult and child victims of sexual assault

Pittsburgh Community Services, Inc.(412) 904-4700OaklandCity of Pgh.

249 North Craig Street <u>www.pghcsi.org</u>

Pittsburgh, PA 15213

intensive case management for those with criminal backgrounds to help them reach a life of self sufficiency

Pittsburgh Initiative to Reduce Crime (412) 255-2374 Downtown City of Pgh.

City County Building <u>www.pittsburghpa.gov/publicsafety/pirc/</u>

Pittsburgh, PA 15219

for individuals involved with gangs or violent street groups trying to move beyond that lifestyle

Safe Start Allegheny Cty.

Allegheny County Department of Human Svcs (412) 350-2770 or 2775

One Smithfield St. Pittsburgh, PA 15222 www.alleghenycounty.us/dhs/safestart.aspx reduce violence in the community, identify&successfully intervene in the lives of children impacted by violence

"Stop the Violence & Heal the Hurting" (412) 621-0622 Hill District No Restrictions

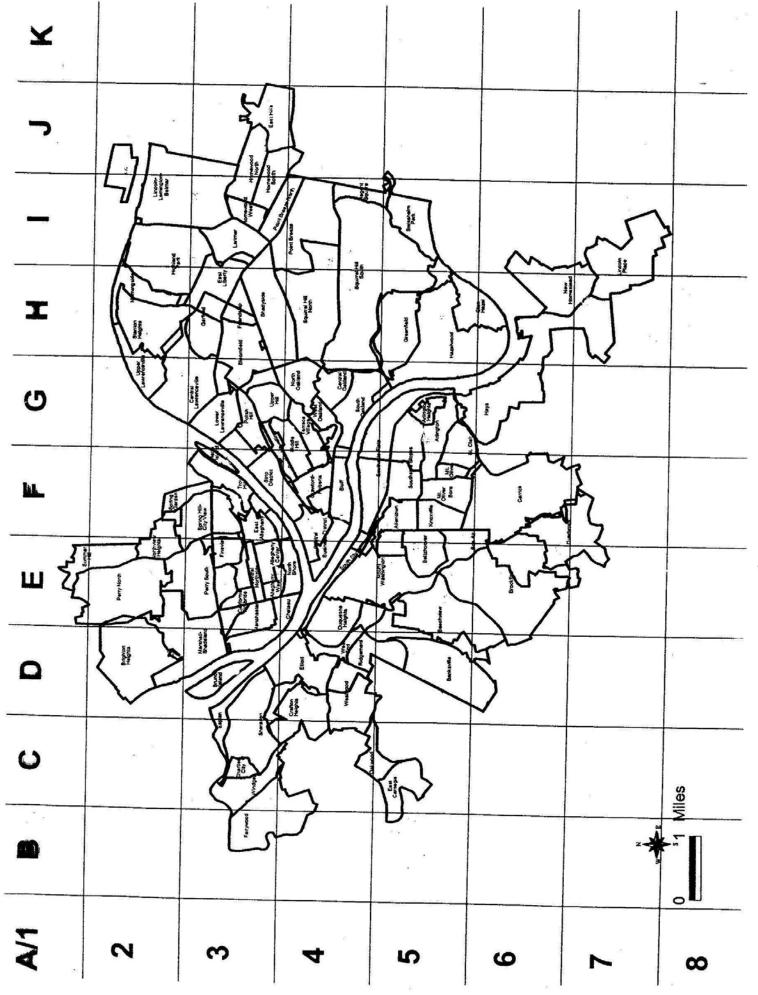
Divine Intervention Ministries/ <u>www.divineinterventionministries.org</u>

Central Baptist Church, 2200 Wylie Avenue, Pittsburgh, PA 15219 * promotes violence prevention info & referrals which helps hurting families who have lost children to violence get the resources they need

The Program for Offenders, Inc. (412) 535-4310 Downtown Allegheny Cty.

564 Forbes Avenue, Suite 930, 15219 <u>www.tpfo.org</u>

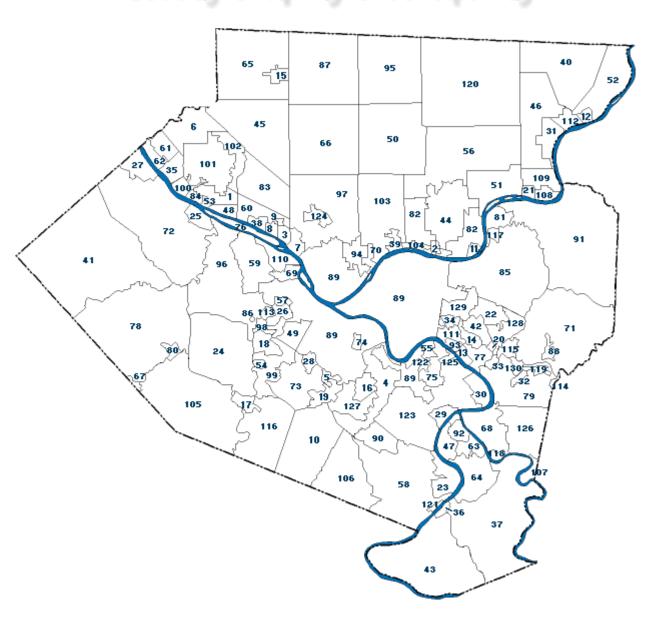
Provides supportive services to male and female offenders and their children.



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